Mountain Weather Forecast

Lake District National Park

Forecast valid from 06:00 on Monday 07 Aug 2023 until 23:59 on Tuesday 08 Aug 2023

Forecast Issued on Monday 07 Aug 2023 at 02:06

Confidence: High confidence for a showery start to the week, soon becoming drier and brighter. High for deteriorating conditions later Thursday, but low for details.

Headline for Monday 07 Aug 2023: Sunny spells and a few light morning showers.

Mountain weather hazards on Monday 07 Aug 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
FOG					
Fog	Cloudy	Sunny intervals	Sunny intervals	Cloudy	Cloudy
Precipitation probability					
10%	20%	10%	10%	<05%	<05%

Forecast for Monday 07 Aug 2023

Weather: A dry day for most with sunny spells, just a few light showers late morning. Patchy cloud increasing in the evening.

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Visibility mostly good. Patchy cloud above 600-700m at first, lifting above the summits by mid-morning.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Mountain Weather Forecast

Forecast for Monday 07 Aug 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	18/22 NW	18/23 W	19/26 W	20/27 W	18/24 W	15/19 W	14/17 W
600	16/21 NW	17/23 W	19/26 W	19/26 W	17/24 W	13/19 W	10/15 W
300	8/18 NW	9/20 W	11/22 W	10/22 W	9/19 W	5/14 W	3/11 W
Valley	8/18 NW	9/19 W	11/21 W	11/21 W	10/20 W	6/15 W	4/12 NW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	7/2	7/2	8/4	8/4	8/4	7/3	7/4
600	9/5	9/6	11/7	11/8	10/7	9/6	9/7
300	11/9	13/11	14/12	14/12	13/11	12/11	11/10
Valley	13/12	15/13	16/13	16/14	15/13	15/14	14/13
Freezing Level*	1800m	1700m	1800m	1900m	2000m	2000m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View

Nothing to add.

Forecast for Tuesday 08 Aug 2023

Weather: Dry but cloudy through the early hours. Cloud breaking up in the morning to give a dry sunny day. Clear skies in the evening and overnight.

Maximum wind: Northwest 10-15mph, gusting 20 mph in the afternoon.

Chance of cloud-free hill tops above 800m: 90% or more

Low cloud and visibility: Very good visibility with little if any cloud.

Temperature: **Valleys:** Plus 12 Celsius rising to plus 18 Celsius.
At 800m: Plus 7 Celsius rising to 11 Celsius.
Freezing level: Above the summits.

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Ground Conditions Supplement
No recent ground conditions report available.

Issued at: 02:06 on Mon 07 Aug 2023

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